

We Bring the Park and Zoo to You!

Can't come to us? We'll come to you! Assiniboine Park offers interactive programs for seniors and adults of all abilities. We use plants to engage the senses and deepen learning experiences that benefit daily living. All programs include hands-on activities that create a meaningful way for people to express their creativity, share life experiences, increase self-esteem, and interact socially.

- Maximum number of participants is 25 per program
- Programs are 60 minutes in length

Each hour-long workshop is broken up into short segments that have participants using all their senses to explore the topic of the day.

Fees:

- 1st program: \$150 + GST
- Additional consecutive programs: \$120 + GST
- Single Mileage Fee of \$15 + GST within the Winnipeg Perimeter Highway
- Outside Perimeter Highway, please call for a quote

Choose from the following programs:

Aromatherapy with Herbs

Warm up with living potpourri aimed at increasing health and well-being.

Culinary Herbs

Learn to identify your herbs and find out which ones make tasty treats.

Chocolate's Sweet History

Learn about the role of chocolate in ancient and modern cultures. Samples provided!

Birding 101

Learn about our native species, tricks for identifying them and how to attract them to your own backyard.

A Virtual Journey to Churchill

Take a virtual behind the scenes tour of the Zoo's award-winning "Journey to Churchill" exhibit.



For more information, or to book your outreach program, please contact our Education Department at:

T 204 927 6070

E education@assiniboinepark.ca